

MOWER COUNTY RESOURCE LISTING/LISTA DE RECURSOS DEL CONDADO DE MOWER

Resources for families and children in Mower County

CRISIS INTERVENTION/SERVICIOS DE INTERVENCIÓN EN SITUACIONES DE CRISIS

**Law Enforcement/Medical
Emergency/Policia/Emergen-
cia Medica—911**

**None Emergency Call
437-9400**

NON-EMERGENCY SERVICES/ SERVICIOS SIN EMERGENCIA

Mayo Clinic Health System _____ 433-7351

Nurse Care Line _____ 1-888-609-4065

Patient Online Services -

Support line _____ 1-877-858-0398

Other Behavioral Services _____ 433-7389

Psychiatric Service Unit _____ 433-7351

Patient Education _____ 434-1753

Crime Victims Resource Center _____ 437-6680

CRISIS INTERVENTION/INTERVENCION EN CRISIS

Crisis Response _____ 1-844-274-7472

CHILD ABUSE PREVENTION/PREVENCIÓN DE MALTRATO INFANTIL

Child Protection _____ 437-9700

Human Trafficking Hotline 1-888-373-7888

VICTIMS SERVICES

Crime Victims Crisis Center Albert Lea
_____ 373-2223

Rochester Women's Shelter
_____ 507-285-1010

Crisis Resource Center Owatonna
_____ 1-800-451-1202

Dorothy Day Shelter (homeless)
_____ 507-282-5172

FAMILY VISITATION & EXCHANGE/VISITAS FAMILIARES Y INTERCAMBIOS

Siebel Center _____ 434-7550

FOSTER CARE/ CUIDADO ADOPTIVO

Mower County DHS _____ 437-9700

TOLL-FREE HOTLINE NUMBERS/NUMEROS DE LINEA TELEFONICA GRATUITA

Sex Trafficking Hotline _____ 1-888-373-7888

Safe Harbor (Sexually exploited youth)
_____ 1-866-223-1111

Battered Women _____ 1-800-799-7233

Epilepsy Foundation of MN _____ 1-800-332-1000

MADD (Mothers Against Drunk Drivers)
_____ 1-800-487-6233

Runaways/Safe Choices _____ 1-800-621-4000

Runaways (Operation Peace of Mind)
_____ 1-800-231-6946

Stuttering Hotline _____ 1-800-221-2483

MN Crime Victims _____ 1-800-247-0390

24-Hour Crisis Line _____ 1-800-422-1295

COUNSELING/MENTAL HEALTH /
CONSEJERIA/SALUD MENTAL

Austin Public Schools _____460-1900
Austin High School _____460-1816
MAYO Clinic _____433-7351
The Bridge _____434-9334
Catholic Charities _____433-3062
Cedar River Counseling Services _433-6482
Cedar House _____437-9152
Crimes Victim Resource Center __437-6680
Crisis Response _____1-844-274-7472
Family Facilitators _____481-4770
Family Focus _____434-3586
Gerard Community Mental Health Services
Therapy, Diagnostic, Assessment and Psy-
chological Testing _____434-4366
Kevin Anderson Lic. Psychologist/EMDR
Therapy _____440-0134
Lutheran Social Services __1-800-582-5260
Mayo Clinic Social Services ___507-284-2131
Psychiatry/
Psychology Assoc.-So MN _____433-5191
Independent Management Services (IMS)/
ARMHS therapy, diagnostic assessment &
psychological test _____437-6389

Cont. COUNSELING/MENTAL HEALTH /
CONSEJERIA/SALUD MENTAL

Dr Moran Professional Corp. _____438-2010
Veteran Service Office
Mower County _____434-2712
Quality Case Management, Inc. ____437-9085
Quality Community Services, Inc __437-9085
New Horizons Adoption
Agency _____1-800-314-3370
Austin Manor _____433-5569
EDUCATION/EDUCACION
Austin Public Schools
Administration _____460-1900
Alternative School/Area Learning Center
_____460-1805
Austin Community Education _____460-1706
Austin Adult Learning _____460-1707
English Language Learning _____460-1707
GED & Transition to College _____440-8701
Austin ECFE (Early Childhood Family Ed.)
_____460-1709
ECSE(Early Childhood Special Ed.)_460-1705
Blooming Prairie Public Schools__583-4427

Cont. EDUCATION/EDUCACION

Grand Meadow Admin & ECFE _____754-5310
Hayfield-Brownsdale ECFE _____477-3236
Hayfield-Brownsdale Public Schools
_____477-3236
LeRoy-Ostrander Admin _____324-5743
LeRoy-Ostrander ECFE _____324-5741
Lyle Schools Administration _____582-3568
Riverland Community College/Austin
_____433-0600
_____1-800-247-5039
Headstart Program (SEMCAC) ____433-5889
PACER _____1-800-537-2237
Autism Resource Specialist –Mary Barinka
_____433-4243
University of Minnesota Extension, Mower
Co. _____437-9552
University of Minnesota Extension, Mower
Co. for SNAP –Ed (Nutrition)
_____434-2653 ext 653
LITERACY EDUCATION/EDUCACION LITERA-
TURA _____1-800-222-1990
Tutoring _____1-800-225-READ
Family Literacy _____460-1707

LIBRARIES/BIBLIOTECAS

Austin Public Library_____433-2391
Brownsdale Public Library_____567-2177
Grand Meadow Public Library_____754-5859
Hayfield Community Library_____477-2455
LeRoy Public Library_____324-5641
Lyle Community Library_____325-2369
MN Library for the Blind/Talking Books
_____1-800-722-0550
Parenting Resource Center Specialty Library
_____437-8330

PARENTING EDUCATION/EDUCACION DE PADRES

Parents Forever Divorce Education/
Parenting Resource Center_____437-8330
Parent WARMLINE_____1-888-584-2204
Linea de Apoyo y Compresion Paterna
_____1-888-584-2204
Parenting Resource Center_____437-8330
University of Minnesota Extension, Mower
Co. _____437-9552
ECFE (Early Childhood Family Ed.)_460-1709

YOUTH CHILDREN/RECREATION/ RECREACION JUVENIL

Austin Community Education_____433-0971
Austin Park & Recreation Program_433-1881
Boy Scouts_____387-3123
Girl Scouts River Valley_____1-800-845-0787
Jay C Hormel Nature Center_____437-7519
4-H Program (UofM Extension)_____437-9552
YMCA/Recreation Center_____433-1804
Mower County Mentoring_____437-9454

FINANCIAL CONSULTING/CONSULTORIA FINANCIERA

Independent Management Services
_____437-6389

SOCIAL SECURITY/SERGURO SOCIAL

_____1-866-504-5010

SUPPORT GROUPS/GRUPOS DE APOYO

Crimes Victims Resource Center __437-6608
Mother of Children with Handicaps
_____325-4742
Adult Children of Alcoholics _____437-3797
Circle of Parents_____377-7665
Circle of Hope_____438-2034
La Leche League of Southeast MN_456-8238
Freeborn County Crime Victims Crisis Ctr.
_____507-377-5460
Celebrate Recovery _____433-7008

LEGAL SERVICES/SERVICIOS LEGALES

SE MN Reg. Legal Services (Intake)
_____1-888-575-2954
Albert Lea_____1-800-223-0280
Minnesota Family Law Project
_____1-866-292-0080
Immigrant Law Center of MN
_____1-651-641-1011

FOOD/COMIDA

Mower County DHS (vouchers)_____437-9701

Cornerstone Church_____433-7008

LeRoy Food Shelf_____324-5283

WIC (Women, Infant & Children)____437-9799

Salvation Army_____437-4566

Our Saviors Lutheran-Lyle_____325-4684

American Red Cross—Disaster
_____1-844-878-9933

NAPS_____1-877-500-8699

Little Cedar Food Shelf (for Southland Families)
_____582-3185

SEMCAC Senior Dining Austin_____459-9270

SEMCAC Meals on Wheels:

Austin Meals on Wheels_____433-3120

Grand Meadow/Dexter/Lyle_____754-5744

Adams_____582-3263

HOUSING/VIVIENDA

Austin HRA_____433-1866

Mower Co HRA_____434-5556

American Red Cross (disaster)
_____1-844-878-9933

Salvation Army(emergency)_____437-4566

SEMCAC (emergency)_____433-5889

Housing Equality Law Project
_____1-866-292-0080Rochester Women's Shelter
_____507-285-1010

Quality Case Management, Inc.____437-9085

Crisis Resource Center Owatonna
_____1-800-451-1202Dorothy Day Shelter (homeless)
_____507-282-5172Habitat for Humanity-Freeborn/Mower
_____433-1349Independent Management Services
_____437-6389PERSONAL CARE ITEMS/ARTICULOS DE CUIDADO

Welcome Center_____434-2863

CLOTHING/ROPA

Birthright _____437-2373

Rachel's Hope _____437-7595

Parenting Resource Center _____437-8330

Salvation Army _____433-7203

USED CLOTHING FOR SALE/VENTA DE ROPA USADA

Twice is Nice _____433-5353

Salvation Army _____437-4566

A to Z Treasures _____433-0090

HUMAN SERVICES/SERVICIOS HUMANOS

Independent Management Services
_____437-6389

Lutheran Social Services of MN
_____1-800-582-5260

Welcome Center _____434-2863

Mower County DHS _____437-9701

MN 211 _____2-1-1

Cedar Valley Services _____433-2303

New Horizons Adoption Agency
_____1-800-314-3370

Austin Human Rights Commission_437-9940

LAW ENFORCEMENT/POLICIA

Austin Police Department Emergency __9-1-1

Austin Police Dept. Non-Emergency
_____437-9400

Mower County Sheriff _____437-9400

Truancy Officer _____437-9454

Current Jail Inmate List:
_____ www.co.mn.mower.us/sheriff.html

HEALTH/SALUD

Mayo Clinic Health System
Austin _____433-7351

Adams Health Care Center ____507-582-3263

Express Clinic at HyVee in Austin__WALK-IN

Minnesota Care _____1-800-657-3672

Mower County Public Health _____437-9701

Sacred Heart Home Health Care ____433-1808

Intrepid USA Health Care Service__433-4700

MN Children w/Special Health Needs
_____1-800-728-5420

United Home Health Care Choice
_____1-888-460-1815

AIDS-HIV TESTING/EXAMENES DE SIDA-VIH

AIDS National Hotline _____1-800-342-AIDS

AIDS Minnesota Hotline ____1-800-248-AIDS

BIRTH CONTROL/ANTICONCEPTIVOS

MN Family Planning/STI Hotline
_____1-800-783-2287

Mayo Clinic Health System _____433-7351

Mower County Community Health__437-9701

PREGNANCY/EMBARAZO

Mower County Community Health __437-9701

Rachel's Hope Support & Council__437-7595

Catholic Charity Information Line
_____1-800-222-5859

Pregnancy Hot Line _____1-800-848-5683

Mayo Clinic Health System _____433-7351

New Horizon Adoption Agency
_____1-800-314-3370

MOWER COUNTY PUBLIC HEALTH/SALUD PUBLICA DEL CONDADO MOWER

Infant, child and teen check ups, immuniza-
tions, breast feeding support, STI testing &
WIC (Women-Infant & Children)
_____437-9701

SUPPORT GROUPS/GRUPOS DE APOYO

Crimes Victims Resource Center __437-6608
Mother of Children with Handicaps
_____325-4742
Adult Children of Alcoholics _____437-3797
Circle of Parents_____377-7665
Circle of Hope_____438-2034
La Leche League of Southeast MN_456-8238
Freeborn County Crime Victims Crisis Ctr.
_____507-377-5460
Celebrate Recovery _____433-7008

DISABILITY SERVICES/SERVICIOS DE DIS- CAPACIDAD

LIFE Mower County_____433-8994
Cedar Branch DAC Adams_____582-7726
Cedar Valley Services_____433-2303
Cedar House, Inc._____437-9152
Division of Rehabilitation_____433-0570
Epilepsy (MinCep Care PA)__1-612-525-2400
March of Dimes/SE MN____1-507-282-0649
MN State Council on Disabilities
_____1-800-562-9747
Mower Council for Handicapped
_____433-9609
SE Center for Independent Living (Rochester)
_____285-1815
REM Woodvale_____433-7301
SEMCIL_____1-888-460-1815
MN Children w/Special Health Needs
_____1-800-728-5420
Independent Management Services
_____437-6389
Quality Case Management, Inc.____437-9085
Quality Community Services, Inc.__437-9085

CHEMICAL DEPENDENCY/DEPENDECIA DE SUSTANCIAS QUIMICAS

Alcoholics Anonymous (AA)_____433-9868
Education/Enforcement Liaison
_____433-0408 ext 0407
Narcotics Anonymous_____433-9868
Mayo Clinic Health System
Fountain Center Austin_____434-1890
Fountain Center Albert Lea__1-800-533-1616
Mayo Clinic Health System
Tobacco Cessation_____434-1429
Free Support Group Wednesday 5-6pm
_____434-1429
Circle of Hope—Support Group ____438-2034

FINANCIAL CONSULTING/CONSULTORIA FI-
NANCIERA

Independent Management Services
_____437-6389

SOCIAL SECURITY/SERGURO SOCIAL

_____1-866-504-5010

CHILD CARE/GUARDERÍAS

Child Care Resource and Referral

(Mower and Freeborn)____1-800-462-1660

Helping Homes_____507-438-1270

(emergency/temporary care)

Mower County Public Health –Daycare Pro-
viders list

website: *www.mowercountyhhs.com*

ENERGY ASSISTANCE/ASISTENCIA DE EN-
ERGIA

SEMCAC

Mower County_____433-5889

Rushford_____1-800-944-3281

DRIVERS LICENSE/LICENCIAS DE CON-
DUCIR

Dept of Motor Vehicles _____434-2675

TRANSPORTATION/TRANSPORTACION

SMART_____1-855-762-7821

AB Taxi_____434-9689

EMPLOYMENT/EMPLEO

CHOICES _____507-280-5510

Cedar Valley Services_____433-2303

Workforce Center_____433-0555

Welcome Center _____434-2863

CLUES _____355-8575

CAREER COUNSELING/CONSEJERÍA EN
CARRERAS

Riverland Community College ____433-0600

Workforce Development_____433-0555

CLUES _____355-8575