#### Mower County Licensed Child Care Association

#### 2016-2017 Schedule of Training Opportunities

Association Contacts: JoAnn Rollie (440-9126) and Angie Hughson (434-0244)

Location: Mower County Senior Center, 400 3<sup>rd</sup> Ave NE, Austin

Dues: \$50.00 per year or \$20.00 per class

Thursday, September 15, 2016: "Promoting Powerful Partnerships with Parents" presented by Raelene Ostberg

Registration begins at 6:15pm, announcements at 6:30, and class at 6:45.

Discover tips to build successful partnerships and increase positive communication with parents. Identify concrete methods to resolve conflict in an affirming way that develops a team approach and increases connection with others!

Thursday, October 13, 2016: "Social Emotional Development" presented by Katy Smith

Registration begins at 6:15pm, announcements at 6:30, and class at 6:45.

This course offers the foundational understanding of social emotional development in young children and supports providers in acquiring the skill set to develop social emotional well being. Supported by the latest research, the course focuses on relationship building, communication, emotions, and problem solving skills children need to succeed. This class meets the Child Growth and Development/ Behavior Guidance requirement.

Saturday, October 22, 2016: "They're Here...Now What?" Craft Ideas for Child Care presented by Aloha Davis

Registration begins at 8:30am, announcements at 8:45, and class at 9:00-12:00.

You and the kids tired of doing the same old projects, need ideas to use all those things you've been saving that you know can make something cool, don't know what to have the kids make for a gift for mom or dad this year?...then join us for a 3 hour training that will cover activities for the months of October thru January, including Halloween, Thanksgiving, Christmas. FREE craft supplies and a handout! This class meets the Child Growth & Development/ Behavior Guidance requirement.

# Saturday, November 5, 2016: 1. "Supporting Infant Development" and 2. "They Stick to me Like Bandaids" presented by Judy Davis

Registration begins at 8:30am, announcements at 8:45, and class at 9:00-1:00.

- 1: This training is designed to revisit infant development and using our knowledge to implement activities that will provide safe stimulation and growth. This class meets the Child Growth & Development/ Behavior Guidance Requirement.
- 2: We know bonding and attachment is important for young children. This class will focus on techniques and implementation to better meet the needs of children in early childhood programs. This class meets the Child Growth & Development/ Behavior Guidance requirement.

### Saturday, January 7, 2017: "CATCH EARLY CHILDHOOD" (part 1) presented by Brittany Browning

Registration begins at 8:30am, announcements at 8:45, and class at 9:00-12:00.

Catch Early Childhood is an evidence-based program for preschoolers, modeled after the CATCH (Coordinated Approach to Child Health) program. CEC physical activity training provides teachers and caregivers of young children with foundational knowledge about childhood obesity, its causes, and how to design a physical activity program supporting good health and fitness. Participants will gain the knowledge and tools needed to plan and lead structured physical activities which nurture a love of movement in the children they care for, leading to an active lifestyle. Participants will then practice leading group activities, adapting them for their specific setting. Please be prepared to move around while learning the activities in class. This class meets the Child Growth & Development/ Behavior Guidance requirement.

# Saturday, January 21, 2017: "CATCH EARLY CHILDHOOD" (part 2) presented by Brittany Browning

Registration begins at 8:30am, announcements at 8:45, and class at 9:00-12:00.

This is a continuation of the previous class, with the emphasis on healthy eating. You may take part 1 and/or part 2 as these are two separate trainings. This class meets the Child Growth & Development/ Behavior Guidance requirement.

## Saturday, February 11, 2017: 1. "Scentsational Scentsory Activities" and 2. "Group Time: Thinking Outside the Circle" presented by Hollee Saville

Registration begins at 8:30am, announcements at 8:45, and class at 9:00-1:00.

1: Is your idea of messy play when the children leave out toys? If so, then come join us as we celebrate messy play using all our senses. Sensory activities are integral to children's ability to learn, process, interpret, and adapt. They foster children's development, even those without Sensory Processing Disorder. Discover the fun and benefits of

sensory activities firsthand as we play in several sensory bins. We'll explore play dough, space dough, Flubber, Goop, slime, gelatin, bubbles, and more. You'll leave the mess behind, but you'll go home with recipes, activities, and inspiration in this fun make and take. This class meets the Child Growth & Development/ Behavior Guidance requirement.

2: Does the thought of sitting for group time make your children groan and protest? Are you struggling to incorporate fun and educational activities that involve and benefit every child? Join us as we learn many new games, songs, stories, and activities that will foster each childs social, emotional, physical, and cognitive development. Discover the benefits of group time, how to adjust times and activities based on the needs of each child, and find some helpful resources. Get ready to be amazed when the children beg you for group time. This class meets the Child Growth & Development/ Behavior Guidance requirement.

### Saturday, March 11, 2017: "Adult, Child, Infant CPR, AED, First Aid" instructed by Michelle Gillard

Registration begins at 8:30am, announcements at 8:45, and class at 9:00.

You must pre-register and pay \$65.00 (checks payable to MCLCCA) by March 1<sup>st</sup>. Send payment to: JoAnn Rollie, 2016 1<sup>st</sup> Ave NE, Austin, MN 55912-4337

# Thursday, April 6, 2017: "Active Supervision: Out of Home Safety Issues" presented by Brittany Browning

Registration begins at 6:15pm, announcements at 6:30, and class at 6:45.

Meets the Family Child Care provider annual supervision training requirement. This training curriculum will identify potential hazards or safety issues children are exposed to when participating in out of home activities, events and transportation; assist participants in determining needed resources and adult assistance required for out of home activities depending upon the event, the ages and characteristics of the children enrolled and recognized potential safety issues involved; and assist participants in creating a plan to address safety concerns when taking children out of the home for activities, using tools provided and practiced during the training.

#### Thursday, April 20, 2017: "Active Supervision: Preventing Child Injuries in Family Child Care"

Registration begins at 6:15pm, announcements at 6:30, and class at 6:45.

Meets the Family Child Care provider annual supervision training requirement. This training curriculum will identify the leading causes of early childhood injuries in general, and specific to child care settings; discuss strategies to prevent child injuries in family child care settings via risk assessment and hazard mapping tools; and identify procedures to follow if an injury occurs during care to be incompliance with licensing regulations.

# Thursday, May 4, 2017: "Sudden Unexpected Infant Death" and "Abusive Head Trauma" presented by Michelle Gillard

Registration begins at 6:15pm, announcements at 6:30, and class at 6:45.